

March 28, 2010

Dear Winter Event Organizers,

While the snow Gods were frugal this year we still had the great fortune to hold many wonderful events in New England, and as I am writing this, it is currently snowing like crazy in Fort Kent, Maine- just in time to add several inches to the trails for the US Distance Nationals and SuperTour finals!

Capturing the mission of the New England Nordic Ski Association the 2010 winter calendar included a wide array of educational, recreational, and competitive programs at all levels of cross-country ski racing. The network of event organizer's and hosting sites are a crucial part of enabling this system to work effectively. Hosting an event also provides a site and club with the chance to gain positive exposure within the ski community and to help build and strengthen their individual programs.

Much thought and many months of planning go into our TD Bank Eastern Cup and Championship events, as well as all of the citizen and club events that are in our calendar each year. Now is the time to begin planning for the 2011 season!

We encourage clubs, touring centers, schools, and individuals interested in hosting a race, camp, clinic, or activity to list their event with NENSA. Our website is currently ranked 2nd in North America for XC skiing sites behind only Fasterskier and at last check ahead of skinnyski.com and xeskiworld.com. The www.nensa.net/calendar is currently our second most actively hit webpage (second only to the home page).

Our staff is happy to answer any questions you may have pertaining to event organization and club building; or check out the information available online at www.nensa.net.

Enclosed in this packet you will find information describing the various levels of events that we support, from low-key events designed to introduce skiers to the sport, to the fast-paced Eastern Cups and exciting, National level SuperTour races. Please take a moment to familiarize yourself with the information in this packet, follow the directions carefully when submitting a bid, and feel free to contact me with any questions you might have. Deadline for bid submission is April 25th.

Janice Sibia

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2010 – 2011
NENSA Event Solicitation & Calendar Listings

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Section 1: Standard Event Listing for NENSA Winter Event Guide (Deadline for inclusion in the Winter Event Guide is August 1st, 2010)

NENSA Standard Event Listing

The standard event listing is a popular marketing tool used by event organizers. The designation “Standard Event Listing” refers to any event that is not an Eastern Cup, a NENSA Club Series event, a Marathon Series Event, the Ski for Women Day, or a NENSA Championship Event.

These events cover a wide range of skiing related activities, including: instructional clinics, training camps, races, activity days, and equipment demo days.

These events carry a graduated set of fees as follows:

- For events with entry fees of \$10 or less, hosts must only pay the \$25 calendar fee,
- for events with entry fees of \$11 to \$15, hosts pay the \$25 calendar fee plus a \$1 per participant user fee (aka “head tax”),
- for events with entry fees of \$16 or more, hosts pay the \$25 calendar fee plus a \$2 per participant user fee.

Previously, all listings paid the \$25 listing fee and \$2 per participant user fee. The fees recognize the ability of NENSA’s Winter Event Guide and website to attract many participants to these events. NENSA supports these events with insurance, media support, results posting, and pre-event consultation.

We encourage sites to list all clinics, activity days, races, and training camps with NENSA in the online calendar and in the Winter Event Guide. If you would like to list your event please use this simple process:

- Write an Event Listing using the format below for your event.

Sample:

12/09/01 Sugarloaf Secrets of Racing Masters (on snow) Clinic with Marty Hall, Sugarloaf Outdoor Center, Carrabassett Valley, ME

Event Info: A one-day on snow clinic with former Canadian and National team Coach Marty Hall. Focus will be on Unencumbered Technique, alternating skiing and video analysis with lots of personal feed-back. Start time: 9:00 am.

Registration: \$25.00 includes trail pass, coaching, video and coffee break. Limit 40. Checks to Sugarloaf Outdoor Center, RR1 Box 5000, Carrabassett Valley, ME 04947 P: (207) 237-6830 F: (207) 237-6943 E: outdoor@somtel.com

(Date) (Event Title), (Event Location)

Event Info:

Registration:

- Please enter your event directly by going to: www.nensa.net/add_event

- You will be asked for a username and password.
 - **Username:** add
 - **Password:** event
- Then carefully follow the instructions... your event will be immediately added to NENSA calendar. Send an email to staff@nensa.net to let us know that you've added an event and we will double-check that it went through properly and email you promptly with a confirmation. **THIS IS THE BEST WAY TO BE SURE THAT YOUR EVENT LISTING IS RECEIVED AND ACCURATE!**

If you cannot use the online system, then:

Please create your listing and return as an email to staff@nensa.net **by August 1, 2010.**

Requests received after that date will still be listed on our website calendar (a great marketing tool alone!) but will not make it into our Winter Event Guide.

Summary: We encourage all groups that organize cross country skiing events to list their event with NENSA.

Terms: Entries received before August 1st will be included in the hard copy of the NENSA Winter Event Guide mailed to all NENSA members and used as New England's primary source for Nordic ski event information. All events will be listed on the NENSA Website schedule as well.

Submitting your event recognizes that NENSA events carry listing fees and user fees outlined in Section 1. You will be billed by the NENSA Administrative Office: 207-688-6503 or info@nensa.net

Section 2: Introduction to Bidding

Overview of NENSA TD Bank Series, Events, Deadlines and Fees

Event Descriptions

TD Bank Citizen Series Races

The TD Bank Citizen Series brings together NENSA's traditional Zak age group and Club Series into a single series of events featuring some of New England's finest citizen races.

The Citizen Series provides a more relaxed level of competition than found at Eastern Cups. These broad-based events are targeted at NENSA's 40-plus clubs and engage BKL through Masters age groups.

All events that are part of a Citizen Series day are scored for Club points with all participants earning at least one point for their club. One distance on each day is scored for the Zak cup to ensure appropriate head-to-head competition within age groups.

These events are heavily promoted we expect to see between 100 – 200 participants at each event. NENSA can provide Technical Delegates (officials) at Citizen Series Events for the same criteria as Eastern Cups. Citizen Series Organizers should contact NENSA to find out more about this.

Summary:

Race sites with strong volunteer bases and some experience in hosting races are encouraged to bid for a Citizen Series event. If you are interested in hosting a NENSA Citizen Series event, please enter your event as a standard event, then contact the NENSA office to nominate your event as a Citizen Series Event. Each season, at least 6 events will be chosen for the club series.

The TD Bank Eastern Cup /JOQ Series

The Eastern Cup is the premier race series for skiers of all ages in New England. These races encompass top-level senior and masters racing alongside junior skiers attempting to qualify for the Junior Olympics. A typical Eastern Cup draws 200 - 350 skiers and is truly a one-day festival of ski racing. We encourage organizers to include a BKL race preceding the main event.

Site Expectations:

It is expected that an Eastern Cup race site is well-versed in the science and art of hosting large races. Sites are expected to work with the NENSA Race Organizers Handbook (available online at: <http://www.nensa.net/organizers/handbook.html>) as a guide and with NENSA staff as consultants to create a professionally managed event from registration to PA system to awards and result production.

Mandatory for selected sites, Event Organizers are expected to attend the annual NENSA Event Organizers Seminar to ensure that there is a good understanding of the level of quality expected at an Eastern Cup race- Seminar date and location will be announced on the website and listed in the calendar. Please check back there frequently, mark your calendar and have a representative prepared to attend.

Eastern Cup Fees:

Eastern Cup events carry a user fee of \$10 per participant payable to NENSA. This fee acknowledges the fact that NENSA is creating a large race field for this event and providing significant pre-race, on-site, and post-race support of the event. The organizer is also responsible for the TD and Assistant TD's food, lodging and mileage. \$25-\$30 is considered the standard entry fee for an Eastern Cup event.

NENSA's Commitment to Eastern Cup Events:

NENSA is committed to promoting every Eastern Cup event as part of the premier ski racing series in New England. NENSA provides significant pre-event consultation, pre-event media support, on-site presence, and post-race media support to promote every Eastern Cup event and host site. Specifically, NENSA provides:

- Event Organizers Workshop (site attendance is mandatory)
- Pre-event TD consultation by phone and email-- site visits as needed
- A pre-event broad-based press release,
- Post-event press release and results dispersed to press,
- Listing as part of the Eastern Cup Series/ Online Team Captain Meeting information
- Detailed event listing in the NENSA Winter Event Guide and on www.nensa.net
- Listing on NENSA Claudia Diller event poster (approx 2500 to be printed in 2011)
- Post-event evaluation and feedback
- Spandex Race bibs.
- Online registration through NENSA.net.

Summary: Experienced race sites are encouraged to bid for an Eastern Cup event. Hosting a citizen event first is encouraged as a way to gain event experience.

TD Bank Championship Events:

The NENSA TD Bank Championship events each provide a weekend of exciting racing for New England and guest J2's, high School age skiers and at Spring Series, elite skiers from around the country. The J2 and Eastern High School Events are looked at as a model by programs from other divisions and serve as a crucial development tool for our younger skiers.

- NENSA TD Bank Eastern J2 Championships and National Invitational
- NENSA TD Bank Eastern High School Championship
- NENSA Spring Series with potential to be include in USSA Spring Series

TD Bank Eastern J2 Championships and National Invitational

The Eastern J2 Championship has a seventeen-year history of being one of the most exciting winter sporting events for youths anywhere. The four New England states and New York each qualify their fastest twenty 14-15 year old boys and girls. Four races ensue over 2 1/2 days. Seeded wave starts ensure match racing at its finest. This event typically invites a team of guest athletes from Intermountain, Western Divisions (Idaho, Washington and Utah) and Canada who will be scored head-to-head w/ New England athletes based on their state of residence.

All of the event specifications and rules for the J2 and Eastern High School Championships can be found at the end of this document in the appendix. This rules document contains a detailed description of what is required to run the event and is a must read for anyone wishing to submit a bid.

Elite/National Event Opportunities

Sites may also bid for:

- USSA XC Ski Championships (Short-distance nationals) which take place the first week in January. This is a two year bid and is Selected by USSA.
- US Long Distance Nationals which take place the last week in March, first week in April. This event is selected by USSA.
- SuperTour races. Schedule and available dates varies each season. These events are selected by USSA.

Interested sites can contact Janice Sibilis at Janice@nensa.net for a copy of the bid criteria

Appendix

1. Event Bid Sheets

2010-2011 TD Bank Eastern Cup Bid Sheet

| | |
|--|--|
| <p><u>Eastern Cup Tentative Dates</u></p> <p>December 18 & 19, 2010 (Both NRL) January 15 & 16, 2011 (Both NRL) February 6 & 7, 2010 (Both NRL) February 20-21, 2010 (Both NRL)</p> | <p><u>FYI: Major Events Tentatively Scheduled:</u></p> <p>US Nationals –Jan 2-8th- Rumford, ME White Mtn Classic–January 22, 2011 Craftsbury Marathon – January 29, 2011 Women’s Day – January 30, 2011 Rangeley Loppet -March 5, 2011 Sugarloaf Marathon –March 19, 2011</p> |
|--|--|

Fill in w/ **BOLD** and return as an **email** enclosure to Janice@nensa.net by **April 25th, 2010**.

General Information

1. Event Name: _____
2. Requested Event Date: First Choice: _____
Second Choice: _____
Third Choice: _____
3. Back-up site: _____
4. Would you like to host both days at one site? _____
5. If not, what is your preferred partner site? _____

Please note that Bids with both days at one site, or a close proximity partner site will be given preference if all other criteria are met.

Host information

Host site: _____
Host NENSA club (required): _____
Club contact/Head of volunteers (w/ email address):

Race Organization (a person may only hold one position)

Chief of Race: _____
Race Secretary: _____
Chief of Course/Stadium: _____
Chief of Timing: _____

Race Checklist. All of the items on this list are not required for consideration, but will be used to weight bids.

Organizer will provide (Mark with an “X”):

Indoor space for 100 or a heated tent

*ElectronicTiming w/start wand, and Back-up Timing.

*A timing crew with a proven track-record or a contracted timing crew.

(NENSA-Approved timing will be required as part of the bid process. We are working to designate an “Official Timer of NENSA” to help organizers with this aspect.)

Sufficient Toilets or Porta-potties for 200 – 400 plus competitors (1 per 50 people ratio)

An event website with registration information and results posting

A course groomed by (circle all that apply) Snowmobile and Drag | Large machine and Drag | Large Machine and Power Tiller

A stadium area that can handle a mass start race of 150 or more.

Parking for 100 vehicles within easy walk of the start/finish area

Snowmaking to cover the course.

A high quality sound system and skilled announcer

Km Markers throughout course

Course marked out and accessible 24 hours prior to race

Entry Fee charged

User Fee (a.k.a. head tax): 10.00 per racer user fee; BKL no charge. Entry fee of \$25-\$30 is the norm. Please provide additional comments to explain a higher entry fee.

Submitting this bid acknowledges that the enclosed Eastern Cup Description/ Agreement has been read and understood.

2010-2011 NENSA Championship Events Bid Sheet

- TD Bank Eastern J2 Championships and National Invitational
- TD Bank Eastern High School Championships

Please fill in the following in **BOLD** and return as an email enclosure to Janice@nensa.net by **April 23, 2010**. Feel free to include additional materials to support/enhance your bid.

| | |
|--|--|
| <p><u>Available Dates for Championship Bids:</u></p> <p>3/11 – 3/13 TD Bank Eastern J2 Championships and National Invitational</p> <p>3/18-3/21 TD Bank Eastern High School Championships</p> | |
|--|--|

Host information

Host site: _____

Host NENSA Club: (Required) _____

Club contact: _____

Volunteer Coordinator w/ email address- (Required): _____

Host Hotel and contact person: _____

Race Organization (a person may only hold one position)

Chief of Race: _____

Race Secretary: _____

Chief of Course/Stadium: _____

Chief of Timing: _____

Other major events hosted by this organization: _____

Race Checklist. The items on this list are not required for consideration, but will be used to weight bids. Organizer will provide (Mark with an "X"):

___ Indoor space for 100+ or a heated tent

___ *Timing and Back-up Timing. Primary timing will be (circle one) Hand or Electronic.

(NENSA-Approved timing will be required as part of the bid process. We are working to designate an “Official Timer of NENSA” to help organizers with this aspect.)

- Sufficient Toilets or Porta-potties for 200 plus competitors
- An event website with registration information and results posting
- A course groomed by (circle all that apply) Snowmobile and Drag | Large machine and Drag | Large Machine and Power Tiller
- A stadium area that can handle a mass start race of 150 or more.
- Parking for 100 vehicles within easy walk of the start/finish area
- Snowmaking to cover the course.
- A timing crew with a proven track-record
- A contracted timing crew.
- A high quality sound system and skilled announcer
- Appropriate accommodations for participating athletes
- Two separate courses for relay- (One classic and one skate course)
- Entry Fee (please list the entry fee you will charge).
- Preliminary budget outline included with bid (Budget template attached)**

User Fees (a.k.a. Head tax): see each event description below for fee information pertinent to that event.

Submitting this bid acknowledges that the site agrees to the expectations summarized in the event description as outlined above and as explained in the EHSC Rules document.

APPENDIX

1. TD Bank Championship Events Budget Template
2. J2 Championships Rules Document
3. Eastern High School Championships Rules Document

1. TD Bank Championship Events Budget Template (J2's and EHSC) : Please fill this out to the best of your ability and submit with your bid

| <u>Income</u> | <u># athletes</u> | <u>Fee</u> | <u>Subtotal</u> | |
|---|--------------------------|-------------------|------------------------|-------------------------|
| Entry Fee | 220 | \$100 | \$22,000 | |
| Sponsorship | | | | |
| Total Income | | | \$22,000 | |
| <u>Expenses</u> | | | | |
| Site Fee | | | \$4,000 | If applicable |
| Timing and PA | | | \$2,300 | |
| Tent | | | \$3,000 | if needed |
| Porta-potties | | | \$600 | |
| NENSA Fee | 20 | | \$4,400 | |
| Medals | | | \$300 | |
| Prizes | | | \$0 | Donated |
| Banquet | | \$10 | \$2,650 | |
| T-shirts | | \$4 | \$880 | Offset by sponsor logos |
| Misc | | | \$500 | |
| Total Expense | | | \$18,630 | |
| Total Profit | | | \$3,370 | |
| Plus any sponsorship dollars raised from local sponsors | | | | |

2. NENSA Eastern J2 Championship and International J2 Invitational Rules:

1. Schedule

1a.. The Eastern J2 Championships takes place on the Friday, Saturday, and Sunday of the second Saturday in March.

1b.. The competition schedule consists of the following]:

Friday: 5K Freestyle Wave Start. (1 hour coaches meeting Friday at 2:00PM).

Saturday AM: 5K Classic Wave Start.

Saturday PM- 1.2 km F/S Sprint race- wave start

Saturday Evening: Awards Ceremony and Banquet

Sunday: Mixed Technique, Mixed Gender Relay Mass Start.

2 CL legs followed by 2 F/S legs ; course length 2.5 - 3.5 K (*Note that the relay requires two separate courses for classic and skate legs*)

1c.. The schedule is set so that Friday's Freestyle begins no earlier than 3:00PM and Sunday's awards ceremony begins no later than 1PM.

2. Team Composition and Eligibility

2a.. Any US state may enter an official team.

2b.. Team Composition / Start Rights

- An official team consists of up to 20 boys and up to 20 girls.
- No more than 20 boys and 20 girls from each team may start in each race.

2c. Eligibility

- Competition is open to all J2-aged athletes
- Athletes may choose to compete for their home state or the state in which their school is located.

2d. International Guests

- International guests may be invited to compete in the Eastern J2 Championships. Guests are treated like any other competitor with regards to awards.

2e. Coaches- 6 coaches are allowed at no charge per team.

3. Seeding

3a.. Individual events are seeded by team rank in 20 seed groups.

3b.. Relay teams are seeded by the team leader and may start in any order within their team's designated start lane(s).

3c. Sprint wave start- Every state, including guests, should be represented in each wave.

4. Scoring

4a. Individual Events are scored as follows:

1st place receiving 135 points, 2nd place 130, 3rd 126 4th 123, 5th 121, 6th 120 etc.

4b. Relays are scored as follows:

Relay scoring points shall be awarded 1st 650, 2nd 600, 3rd 560, 4th 530, 5th 510, 6th 500, 7th 490, etc in descending increments of 10.

4c. Points

- Points shall be awarded for each state to all finishers in the individual events; points will be awarded to all complete relay teams.
- Points shall be awarded for each state to all 20 finishers in the individual events;
- Points will be awarded to all complete relay teams
- Men's and women's team scores need to be totaled and listed at the end of each event along with state totals.

5. Results

5a.. Results will be posted on-site and at NENSA.net following each event. The results will include individual scoring and team-scores. A final results packet will be prepared, with 6 copies available for each team leader at the event's conclusion.

5b.. Results need to be posted in a vertical format for all fields

Place | Bib | Name | NENSA # | Club/School | Time | Points

5c. Scoring

- 1st place receiving 135 points, 2nd place 130, 3rd 126 4th 123, 5th 121, 6th 120 etc.

- relay scoring points shall be awarded 1st 650, 2nd 600, 3rd 560, 4th 530, 5th 510, 6th 500, 7th 490, etc in descending increments of 10
- points shall be awarded for each state to all 20 finishers in the individual events; points will be awarded to all complete relay teams
- men's and women's team scores need to be totaled and listed at the end of each event along with state totals

6.Awards

6a.. The top 10 finishers in each race and the top 3 relay teams shall be recognized with medals. The top 5 relay teams will be recognized.

6b. The top 3 overall skiers in the three individual events shall be recognized at the final awards ceremony with special awards (medals or prizes).

6c. The winning state shall be recognized with a team prize supplied by NENSA.

6d. A Saturday night post-dinner raffle of prizes is traditional and encouraged.

6e. Guest class at J2s to be included in team points and individual awards-They DO displace.

7.Entry Fee

The suggested entry fee for Eastern J2 Championships is **\$100** per athlete. Any amount other than this must be approved by NENSA. NENSA membership-Canadian Guests are reciprocal- NYSSRA Members are considered NENSA Members automatically. Out of regions do not have to be NENSA members. Up to 6 coaches are permitted free of charge. Any over that number pay the banquet fee. Entry fee covers athlete banquet costs. Athlete T-shirts are typically given to all registrants.

VII B. Deadline for Team Entry is one week prior to event.

VII C. Entry Roster should list Girls Teams 1-20 / Boys Teams 1-20.

8.Site Selection

Site selection is determined by NENSA through its event bidding process.

Geographic rotation, venue quality, organizational structure, and appropriate local resources for lodging and meals will be considered in the awarding of bids.

9. Printed materials to be handed at coaches meeting

- 6 copies of start lists min.
- 6 copies of course maps minimum.
- copies of stadium maps for all races
- relay forms two copies one to be kept by team leader
- a written agenda to be used at the coaches meeting and handed out to coaches

10. Power point at coaches meeting

- course maps
- stadium maps
- other info.

11) Hard copies at race site

- results one copy for team leader

- team scores after each race

Updated 3/23/10

3. Eastern High School Championships Rules Document: Schedule

IA. The Eastern High School Championships takes place on Friday, Saturday, and Sunday of the third Saturday in March.

IB. The competition schedule consists of the following:

-Friday: Freestyle 5K Individual start

-Saturday AM: Freestyle Sprint Wave Start (5 person waves seeded by state; fastest to slowest. There is a no tracking rule in effect for this race. *Like a sprint heat in a normal sprint competition, competitors are not required to yield track to an overtaking skier who calls 'track' in the sprint wave race. (Adopted 03/09)*

-Saturday PM: Mixed technique, Mixed gender relay mass start.

- Format: Leg#1=CL/2=CL/3=FR/4=FR.
- Alternate gender start order for relay each season- Guys race first every race on odd years, Girls race first every race on even years.
- Relays should feed from both sides of tag zone (which should be extended to 50m whenever possible, not 30m), to make it less confusing and safer. (Adopted 06/09).
- Gender start order should be consistent from a.m. to p.m. race, to allow for ample rest time between events. (Adopted 03/09).

-Sunday: 7.5K Classic Mass Start. (Mass start/arrowhead formation for top 15 skiers. Top 15 seeded by NENSA points).

IB1. Sprint Race Format

For Sprint race; Ideally technique format will be rotated each year. On years where it is a skate sprint, the relay will remain as 2 classic legs/2 freestyle legs. On years where it is a classic sprint, the relay will be all freestyle.

IC. The schedule is set so that Friday's Freestyle begins no earlier than 3:00 PM and Sunday's awards no later than noon.

II. Team Composition and Eligibility

IIA. Any state may enter an official team.

IIB. Team composition / Start rights

IIB1. An official team consists of up to 24 boys and up to 24 girls.

IIB2. Teams may bring 1 boy and 1 girl alternate to fill in for an injured or sick athlete. The alternate pays full entry fee.

IIB3. No more than 24 boys and 24 girls may start in each race.

IIC. Eligibility

IIC1. Competition is open to all high-school students Grades 9-12.

IIC2. Athletes may choose to compete for their home state or the state in which their school is located.

IIC3. Post-graduate students are not eligible.

IID. International Guests

IID1. International guests may be invited to compete in the Eastern High School Championships. Guests do not score team points and do not displace.

IID2. If more than 3 guests compete, the top 3 guests in each race should be recognized with awards for the guest class.

II. Rosters

IIA .Running orders for all three individual events must be the same.

IIIB. Fastest skiers should be seeded first and the remainder of the seed in descending order.

IIC. Individual Orders be submitted with individual orders on Friday afternoon after the first race but may be changed up to a deadline set by the race site (usually Saturday morning). Relay orders due after Friday's race. (Not with the individual running orders)

IID. Final race rosters must be submitted one week prior to the event.

III. Seeding

IIIA. The 5K Freestyle and Sprint events are seeded by team rank in 24 seed groups. Each seed group is randomly sorted. 5 skiers per wave.

IIIB. Relay teams are seeded by the team leader (Simple 2 lane set up- not by NENSA points) and may start in any order within their team's designated start lane(s).

IIIC. The Mass Start Classic Race is seeded by NENSA points for the top 15 ranked boys and top 15 ranked girls on NENSA points and are seeded in arrowhead. The remaining athletes are seeded by Team Leaders. (Team lanes after that can be seeded however the coach wants). 9 total lanes, 2 for each state + 1 for NY & guests (unless we end up with a huge team from NY)

Changed from the "7.5K Classic Mass start is seeded by NENSA points" . Reason for change: balance of team-event and fair mass start.

IV. Scoring

IVA. Individual Events are scored as follows:

1st place receiving 135 points, 2nd place 130, 3rd 126, 4th 123, 5th 121, 6th 120, etc.

IVB. Relays are scored as follows:

Relay scoring points shall be awarded 1st 650, 2nd 600, 3rd 560, 4th 530, 5th 510, 6th 500, 7th 490, etc, in descending increments of 10.

IVC. Points shall be awarded for each state to the top 20 finishers in the individual events; points will be awarded to the top ten relay teams.

IVD. Only the top 20 finishers from each state may displace other skiers in scoring. 21-24 do not displace.

IVE. Men's and women's team scores need to be totaled and listed at the end of each event

IVF. Overall points scored by individuals in the sprint, classic, and skate races need to be tallied on Sunday. (Ski Meister Award- determines the most points overall across all events).

IV. Results

- VA. Results will be posted on-site and at NENSA.net following each event, and copies printed after each race for coaches.
- VB. The results will include individual scoring and team-scores.
- VC. A final results packet will be prepared, with 6 copies available for each team leader at the event's conclusion.
- VD. Results need to be posted in a vertical format for the following fields;
Place | Bib | First Name | Last Name | NENSA # | **State/Team** | Age | Time | Points | Club/School (if room)

V. Awards

- VIA. The top 10 finishers in each race and the top 3 relay teams shall be recognized with medals. The top 5 relay teams shall be recognized.
- VIB. The top 3 combined event champions (male and female) shall be recognized at the final awards ceremony with special awards (medals or prizes).
- VIC. The top 3 winning men's and women's teams and top 3 combined teams shall be recognized.
- VID. The winning state (men and women combined) shall be recognized with NENSA provided prizes for the entire team.
- VID. A Saturday night post-dinner raffle of prizes is traditional and encouraged. Recognition ceremony (awards) following each event are also encouraged.

VI. Entry/ Entry Fee

- The entry fee for Eastern High School Championship may not exceed \$100.00 per athlete, unless pre- approved by NENSA. (Budget submission is required).
- VII A. Up to 8 coaches (7 coaches/1 team leader) are permitted free of charge. Any over that number pay the banquet fee. Entry fee covers athlete banquet costs.
 - VII B. Deadline for Team Entry is one week prior to event.
 - VII C. Entry Roster should list Girls Teams 1-24 / Boys Teams 1-24.

VII. Site Selection

- Site selection is determined by NENSA through its event bidding process. (See Bid specs for details).
- VIII A. Geographic rotation, venue quality, organizational structure, and appropriate local resources for lodging and meals will be considered in the awarding of bids. (Guarantee Lodging. Block rooms, Lodging List.)
 - VIII B. 22 rooms per team.
 - VIII C. Each State's Qualifier must be listed with NENSA (all fees waived). Listing Is due by November 15th.

All Team Leaders should send rosters to Ruth Hall (in NENSA Office) to verify who needs NENSA numbers.

Updated March 23, 2010