

Welcome to the Eleventh Annual NE Women's XC Ski Day!



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January 29, 2012
Bethel Inn & Nordic Ski Center



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The Day's Schedule:

9-9:45am Registration & Sign In at the Conference Center. Be sure to pick up your lunch raffle ticket and sign up for clinics at the clinic signup table. Stop at the REACH table to buy **special raffle tickets** (\$5) for the Bethel Inn 2 night stay for 2 drawing at the end of the day!

Please follow all signs and directions from our helpful volunteers on where to stow your bags ... and your ski equipment (marked with your name) will stay the day outside the Nordic Center, by the trails.

10-3pm NENSA Expo: Equipment suppliers from Fischer, Madhus, Rossignol, and Salomon will be on hand with top of the line skis, poles, and boots for you to try out. Toko and Swix wax techs will be with us to help with waxing. Visit their tents outside the Nordic Center any time today!

10:00-11:30am Morning Ski Clinics: Skate and classic technique ski clinics for first-timers through all ability levels -- look for the Clinic signs which are your meeting place with your instructors outside the Nordic Center.

11:45 - 1:15pm Back at the Convention Center for lunch. No waiting in line this time as we will call tables up to the buffet line. There should be plenty of time to talk with friends and with instructors, and participate in our fun raffle drawing. Before raffle: recognition & photo of the largest group/club present.

1:30-2:45pm Afternoon Ski Clinics: Again gather at the clinic signs which are your meeting place with your instructors outside the Nordic Center.

2:45-3:30pm Carnival Wrap-Up! Gather back at the Convention Center for light refreshments, waxing and stretching sessions, free massages, SKIDA hats for sale, and the drawing of grand prize Bethel Inn 2-night stay for 2 plus trail passes to benefit REACH.

SWIX



A fun day of cross-country skiing for women... by women!



This year's benefit organization: REACH

Founded in 1981, REACH (Rape Education and Crisis Hotline) is the sexual assault center that serves rural Oxford county and the towns of Harrison and Bridgton. Over the years its prevention efforts towards ending sexual violence have grown, while maintaining crisis intervention services. Services are available to young children, teens, women and men, free of charge and confidential. REACH fundraises locally over 10% of its budget and receives funding through Federal and State monies, the United Way, and grants.

Primary crisis services include a 24-hour hotline; one to one support; medical, police and court accompaniment; and support groups. Prevention efforts include school, professional and community education and legislative reform. In 2006 REACH launched an "I Have A Voice" campaign in the schools, with programs available for grades K-12 and college classes. During the past school year REACH provided 275 programs to 3,300 students, school staff and parents.

www.reachmaine.org

Thanks to our wonderful raffle donors!

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Rossignol
Swix
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Women's Ski Day 2012
posters designed by
Mary Lou Lowrie with
her fabulous colors -- on
sale all day for just \$2!

Remember to stop at the REACH table to buy your tickets for the special raffle, 2 nights for 2, with ski trail passes, donated by the Bethel Inn Resort and Nordic Center... raffle drawing at the end of today!



Thanks again to TD Bank and the New England Nordic Ski Association who make this event possible. Many thanks to the Bethel Inn and Nordic Ski Center for hosting us again! Thank you to their staff who worked so hard on this event... thanks to our wonderful registration workers! Thanks to our wonderful instructors! Thanks to our **Silver Sponsors** L.L.Bean, Designer Gold, Swix, the Bethel Inn Resort and Nordic Center! Thanks to our **Bronze Sponsors** Akers and Mahoosuc Guide Service! Thanks to our **Friends** Bancroft Contracting and True North Adventureware! Thanks to all of you for coming, and see you again next year!